

Notes for use of the Large Plate Electrode

The large plate should be isolated from the ground for best results. A wooden table is a good place to put the large plate. If a metal table is used it will increase the reading considerably even if insulation is provided in-between. A minimum of 3 inches should be provided from the earth or floor. Hard styrofoam works best as an isolator if you wish to stand on the plate. A thin layer of wood may be used to distribute the weight on top of the foam.

The most useful range for measuring humans is the x10 and x100 ranges. Since the reading may go over 100%, it may be necessary to put a layer of isolation on top of the plate to reduce the reading. A towel, blanket or wood sheet may be used for this purpose. Once the best arrangement is reached, the highest reading on the x10 range from a human with their shoes off will be about 50%. It is now possible to monitor changes in the bodies energy due to health, diet and environmental conditions. Always use the same arrangement of materials and always stand in the same place on the large plate for consistent results.

Large samples of water in vessels, plants and other lower energy samples will not require any covering on top of the plate. The plate may also be suspended in the open air, away from all objects for high sensitivity studies where x100 or higher ranges are used. Consistent results require that the test subject or object always be measured at the same distance from the plate. Always zero the coarse and fine controls between readings to overcome the natural drift of the meter due to environmental energy changes.

The Experimental Life Energy Meter and this Electrode are for research purposes only, and not to be used for diagnostic purposes.

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